

DID YOU KNOW?

Heart failure costs

€50M a year

in Skåne, Sweden.

Source: Innovation Skåne (2024)

In the Skåne region of southern Sweden, heart failure leads to 80,000 hospital days annually, costing the health system nearly €50 million.

Digital monitoring and care tools could cut both costs and admissions, but adoption lags behind potential.

DigiH4A is helping regions like Skåne prove the value of digital care to enable wider use.

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DID YOU KNOW?

**97,000 waiting for
mental health treatment
= €300M lost annually.**

Sources: NZa (2024), ESB (2024)

In the Netherlands, around 97,000 people are waiting for mental health treatment, costing €300 million annually in delayed care and lost productivity.

Digital mental health tools can provide earlier support, but they're still underused.

DigiH4A is addressing barriers to scale and reimbursement for proven health solutions.

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DID YOU KNOW?

7,500 chronic back pain referrals each year, but **most not eligible for surgery.**

Source: Central Denmark Region (Aarhus University Hospital)

In Central Denmark, around 7,500 chronic back pain patients are referred for surgical assessment at Aarhus University Hospital. Only 10% undergo surgery; the rest are referred to other treatments or back to GPs.

Digital triage tools can help GPs make accurate referrals and reduce delays.

DigiH4A is validating digital solutions to optimise care pathways across Europe.

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DID YOU KNOW?

COPD consumes **3.5%** of France's health budget.

Source: COPD - Frequent causes: smoking and occupational exposures - High Authority of Health (2018)

France sees 100,000 Chronic Obstructive Pulmonary Disease (COPD) hospitalisations each year, with stays averaging 7.5 days.

This accounts for 3.5% of the national health budget. Digital tools could help prevent hospitalisations, but reimbursement systems are a key barrier.

DigiH4A supports countries like France in testing new models that make early digital intervention viable.

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